# **INGREDIENTS MATTER**

At Powerhaus, our take on eating well is to enhance our favorite foods, instead of eliminating them all together from our diets. We've taken a unique and creative approach to making pizza, focusing on providing a nutritionally balanced and nourishing meal.

We top our nutrient-dense, additive-free crusts with organic tomato sauce, all-natural rBST-free mozzarella, lots of veggies, and our specially sourced uncured, nitrate-free, naturally raised meats. Our pizzas are equally delicious with our cashew mozzarella. We also offer vegan "chicken" and Beyond Meat vegan "sausage".

Our salads, wraps, and smoothies come with your daily fill of superfoods, nuts, heart-healthy fats, and nutritional boosters to help you feel your best and are also vegan and gluten-free.

# WHY CATER FROM US:

SIMPLE ORDERING: We'll work with you to create a suggested order for your party size.

SOMETHING FOR EVERYONE: We can accommodate all dietary needs and have great simple cheese and pepperoni pizzas for kids.

DECREASE SHARING WITH PERSONAL PIZZAS

SET UP AND CLEANUP IS EASY

FOR YOUR HEALTH & HAPPINESS



# POWERHAUS

WHOLESOME PIZZA & EATS





# **PIZZAS**

#### CHOOSE YOUR CRUST

- Garlic herb, organic 10" / 14"

Whole-grain with ground flax and plant protein (31g) 10"
Gluten-free white with plant protein (13g) 10" (+1.00)
Cauliflower gluten-free 10" (+\$2.00)

Substitute vegan cashew mozzarella +\$1.00 10" / +\$2.00 14"

## MARGHERITA

Tomato sauce, mozzarella, parmesan, basil - \$15.25 / \$27.75

#### **MEDITERRANEAN**

Tomato sauce, mozzarella, feta, kalamata olives, artichokes, roasted red peppers, red onions, spinach - \$16.75 / \$30.75

#### ROASTED VEGETABLE

"Pea-zza" sauce, mozzarella, roasted zucchini, roasted red peppers, parmesan - \$16.25 / \$29.75

# PEPPERONI

Tomato sauce, mozzarella, pepperoni, green peppers, button mushrooms - \$16.25 / \$29.75 Only pepperoni? - \$15.25 / \$27.75

# HAWAIIAN

Tomato sauce, mozzarella, ham, pineapple - \$16.75 / \$30.75

#### MUSHROOM

Mozzarella, ricotta, roasted mushrooms with shallots, cherry tomatoes, arugula, balsamic glaze - \$17.25 / \$31.75

#### PROSCIUTTO AND PEA

"Pea-zza" sauce, mozzarella, prosciutto, cherry tomatoes, artichokes - \$16.25 / \$29.75

## **BBO CHICKEN**

BBQ sauce, mozzarella, chicken or vegan "chicken", pineapple, corn, red onions - \$17.25 / \$31.75

# **BUFFALO CHICKEN**

Hot sauce, mozzarella, chicken or vegan "chicken", green peppers, red onions, cilantro, ranch - \$17.25 / \$31.75

# BEYOND MEAT ITALIAN SAUSAGE

Tomato sauce, mozzarella, roasted red peppers, green peppers, red onions, Beyond Meat vegan Italian sausage - \$16.75 / \$30.75

CREATE YOUR OWN - \$17.25 / \$31.75

# SALADS

# Add salad proteins:

Naturally-raised chicken +\$2.50 Individual / +\$25.00 Catering Crunchy chickpeas +\$2.50 Individual / +\$25.00 Catering Feta +\$1.25 Individual / +12.50 Catering

## SUPERFOOD

Walnuts, hemp seeds, pumpkin seeds, cherry tomatoes, carrots, red onions, spinach, with mango apple cider vinaigrette

Individual - \$9.50 / Catering salad (feeds 15) - \$79.00

# **GREEK**

Pumpkin seeds, feta cheese, roasted red peppers, cherry tomatoes, kalamata olives, red onions, spinach, with balsamic vinegar Individual - \$10.50 / Catering salad (feeds 15) - \$87.00

#### **BUFFALO RANCH**

Spinach, arugula, green peppers, carrots, red onions, cilantro, almonds, feta, hot sauce, ranch - \$8.00
Individual - \$10.00 / Catering salad (feeds 15) - \$83.00

# **WRAPS**

Comes with choice of protein: Naturally-raised chicken or crunchy chickpeas

# **BALSAMIC**

Spinach, roasted red peppers, cherry tomatoes, red onions, basil, feta, almonds, pumpkin seeds, balsamic glaze - \$17.75

## **CALI**

Arugula, red onions, green pepper, carrots, feta, hemp seeds, apple, mango apple cider vinaigrette - \$17.75

#### PEA PESTO

Arugula, roasted red peppers, artichokes, red onions, feta, walnuts, "pea-zza" sauce - \$17.75

#### SPICY

Spinach, arugula, green peppers, jalapenos, red onions, cilantro, almonds, mozzarella, hot sauce, ranch - \$17.75

# **SMOOTHIES**

#### BERRY

Raspberries, strawberries, banana, apple, apple cider vinegar - \$11.25

# TROPICAL

Pineapple, banana, spinach, hemp seeds, dates, coconut cream - \$11.75

#### CARROT

Carrot juice, turmeric, ginger, cinnamon, nutmeg, mango, banana - \$11.75

#### DATE

Dates, maca, cinnamon, cacao nibs, walnuts, almond butter, banana, coconut cream, grass-fed whey or vegan protein - \$11.75

# GREEN DRINK

Mint, ginger, spinach, celery, chlorophyll, apple, lemon juice, coconut water - \$11.75

## STRAWBERRY SUNRISE

Strawberries, mango, pineapple, oats, glutamine, orange juice, choice of protein (grass-fed collagen, grass-fed whey or organic plant-based) - \$12.25

## PINEAPPLE MOIITO

Pineapple, mint, chlorophyll, spinach, dates, orange juice - \$12.25

## BERRY BEET

Raspberries, strawberries, banana, apple, cacao nibs, cacao powder, beet powder - \$11.25

